

Little Cottonwood 18th Ward

Murray Utah Little Cottonwood Stake

July 2025

Bishopric Message—Bishop Tim Richardson

President Nelson said in the April 2018 conference:

“In coming days, it will not be possible to survive spiritually without the guiding, directing, comforting, and constant influence of the Holy Ghost. My beloved brothers and sisters, I plead with you to increase your spiritual capacity to receive revelation.”

I have noticed when I do a self-introspection of the covenants I have made with the Lord, I sometimes am not as complete in my covenants and realize the spirit is not as strong and loud and clear as I thought.

I encourage you to refer to the interview questions at baptism, which are the same questions for receiving the priesthood, a patriarchal blessing, and a temple recommend. For example, do you have faith and a testimony of God. For me, it is easy to say yes. Then I realize that if I want to have the Spirit stronger, louder, and more clear, I need to take a deeper look. Am I talking with God instead of praying? Am I listening when I ask questions or just asking Him to take care of my issues? Am I searching out my purpose of life instead of just saying that I believe. Go through each question being honest with yourself where you are at with each question, and rate yourself on a scale from 1–10. As I did this, I thought I was 8s, 9s, and 10s. But I realized that I was going through the motions on many of these questions, leaving me at 5s and 6s. When I put forth effort to get higher on the scale, it became obvious how strong and loud and how clear the Spirit was in my life. My heart is softened to hear His will and think of others needs before mine. I am able to forgive others easier and receive inspiration very clearly.

I testify to you that when you truly put forth effort and are deliberate in having faith and a testimony of God, the Spirit will be stronger, louder, and clearer. This is what President Nelson is referring to by spiritually surviving.

Please read these two talks by the prophet to feel the Holy Spirit and get His guidance and direction.

Talk one: “Overcome the World and Find Rest”

<https://www.churchofjesuschrist.org/study/general-conference/2022/10/47nelson?lang=eng>

Talk two: “Revelation for the Church, Revelation for Our Lives”

<https://www.churchofjesuschrist.org/study/general-conference/2018/04/revelation-for-the-church-revelation-for-our-lives?lang=eng>



What's Happening in July

Happy Birthday

3 Didericksen, Trevor
3 Wright, Paul
6 Greenhalgh, Verl
6 Seiger, Ty
7 Packard, Dwight
8 Bullough, Adam
8 LaFortune, Eliza
9 Dahl, Jane
12 Godfrey, Neal
12 Murray, Jennifer
13 Thorkildsen, Michelle
15 Schlegel, Charlene
16 Child, Owen
17 Ashcroft, London

17 Searle, Kristi
18 Horne, Jennifer
19 Hansen, Angie
19 Jeppsen, Barrett
22 Weeks, Connor
23 Moranville, Dawn
25 Bullough, Callie
26 Simmons, Paul
27 Gowdy, Steve
27 Richardson, Tim
28 Bowen, Hannah
28 Collette, Jeff
31 Taylor, Nathaniel

Callings

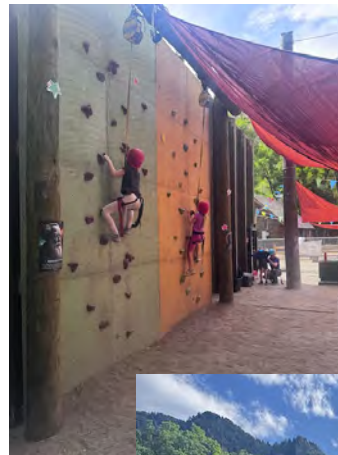
Jeff Horne
Josh Elliot

Primary teacher
Ward sports coordinator

Primary

The primary kids had a fantastic month and did amazing singing during sacrament meeting on Father's Day. The boys and girls Activity Days took a trip to Camp Tracy, where they had an incredible time engaging in rock climbing, canoeing, archery, and science experiments.

Mark your calendars and watch for details for the neighborhood primary parade and breakfast on July 26.



Relief Society

Thank you to those who organized the Garden Gathering activity in June and to Arlene Michaelson for hosting. And thanks to all who attended and shared in the evening. What a wonderful way to enjoy the summer weather, friends, and fun.



Save the Date

Tuesday, September 9 Potluck at the ward pavilion

Lesson Schedule for July

13 *The Atonement of Jesus Christ Provides the Ultimate Rescue*
27 *Thou Art the Christ*

Elder Quentin L. Cook Sun morning
Sister Amy Wright Sat evening

Young Women

Oh, how we love summer!

Our Young Women were blessed to attend Heber Valley Girls Camp, where they enjoyed activities like the tomahawk toss, challenge ropes courses with a zip line, and a service project moving logs from fallen trees. They also spent time soaking in the beauty of Legacy Lake and had a great time doing lots of fun crafts.

One of the most powerful and memorable experiences of the week was going through the camp's Faith Walk. If you ever get the chance to go—do it! Each of us had a personal and spiritual moment of reflection, considering the trials we face in life and how, through faith in Christ, we are never alone. He walks with us and gives us strength. We left

with a deeper understanding and feeling of the profound love our Savior and Heavenly Father have for each of us.

Thank you to all the stake and ward Young Women leaders for all your hard work and effort in making girls camp so amazing this year.

We also want to thank our amazing Verene. She has blessed our Young Women's program for the last four years in ways that have changed each of us forever. Verene is joy and knowledge and kindness and beauty. We wish her the absolute best as she prepares to move away for college and her other pursuits. Thank you for sharing your light, your testimony, and your spirit with us.



Young Men

Lisa Falls Hike in Little Cottonwood Canyon

The Young Men hiked to Lisa Falls, a .2-mile out-and-back moderate hike a short way up Little Cottonwood Canyon. The Falls are unique, because the water cascades sideways down a rock face.



Missionary and Life Skills

Becoming a missionary, going off to school, or getting married can be a shock to a young-person's system. They now have to do on their own what parents or others in the home have taken care of until now.

To help our youth prepare themselves for self-reliant lives, their leaders taught them several missionary and life skills, basic stuff like ironing their own clothes and polishing their shoes. These tasks suddenly become essential skills when they have to depend on themselves.



Meetinghouse Cleaning Assignments



7/5	Doug and Lynda Horne	Dave Thomas	Sherm and Marianne Ross	
7/12	Sherry Bleazard	Hank and Rexanne Pond	Michelle Ruben	
7/19	Tim and Alisha Richardson	Steve and Adele Knudson	Jeff and Jennifer Horne	Byron Ashcraft
7/26	Brad and Lori Goudie	Patty and Nick Presley	Paul and Kirsti Jeppsen	Jeff and Diane Collette

This year we have the great responsibility of cleaning the Brownstone meetinghouse. Please see the list above for when you or your family are assigned to clean the building.

Meet at the north end of the building by the drinking fountain on your assigned Saturday at 8 a.m.

If you cannot participate during your assigned time, please find a replacement.

Click [here](#) to see your assignments for the entire year. This is also a great resource for finding someone to trade with if you need a replacement for your week.

Thank you for your service.

Meetinghouse Lockup Assignments

7/6-12	Kimball Davenport and Pearson Frank
7/13-19	Brian and Taylor Fedderson
7/20-26	Jeff and Jarom Horne
7/27-8/2	Rob Nelson and John Horne

We have the assignment to lock up the building each night.

1. Please lock up between 9:30 and 10 p.m.
2. Close all inside doors and lock outside doors, including the kitchen door.
3. Check all windows.
4. Turn off All lights out except for east and west foyer lights. Ignore exterior lights, which are on a timer.



5. Secure both parking lot chains—except Monday night, when you need to leave the north chain down so the dumpster company can come in on Tueaday.

EMERGENCY PREPAREDNESS QUICK TIP

DOWNLOAD THE EMERGENCY RED CROSS APP

The free app allows you to monitor severe weather and protect yourself and your loved ones with alerts, weather maps, and live updates.

- Track storms and severe weather in real-time
- NOAA weather alerts
- Guides to help you prepare
- Create personalized plans for natural disasters
- Find open Red Cross shelters and services near you with an interactive map



KEEP CHECKING YOUR WARD'S EMAIL NEWSLETTER FOR MORE QUICK TIPS! • BROUGHT TO YOU BY YOUR STAKE EMERGENCY PREPAREDNESS COMMITTEE